

HP Plan – 5 Issues

1: THE GAP				
1: Lack of athlete depth	2: Limited access to HP expertise and equipment	3: Shortage of quality coaches and support staff	4: Lack of Genuine High Performance Culture	5: Tracking
<p>Number of new athletes</p> <p>Selection criteria</p> <p>Unknown – the experience of being at the Paralympic Games</p>	<p>Lack of science and medical support</p> <p>Use of sport sciences in athlete development -did the coaches and athletes use the available services? Was the impact of performance measured?</p> <p>Poor quality equipment</p> <p>Number of new staff</p> <p>Changes in classification requirements</p> <p>Changes in classification requirements</p>	<p>Lack of experience in coaching</p>	<p>Undeveloped – not a true High Performance culture</p> <p>Targeting too many events</p> <p>Lack of international competition</p> <p>Coaches and athletes need to be doing everything they can to win</p> <p>The goal – was it selection or medals</p> <p>Shift the goal setting to medal potential</p> <p>Too much athlete down time</p> <p>Professional vs non professional athletes</p>	<p>Lack of tracking vs opportunity for tracking</p> <p>Expectations of athletes and coaches may be too high</p> <p>Tracking inaccurate</p> <p>Changes in classification requirements</p> <p>Arrival at competitions of 'unknown' athletes</p> <p>Not watching the rest of the world</p> <p>Some athletes over performed</p> <p>Expected medallists did not perform at medal level – why? -whose expectations – media, previous performance, previous results</p>
LEARNINGS				
<p>Selection criteria</p> <p>Increasing the talent pool</p> <p>Qualification period for team selections – if qualifying too far out – may plateau</p>		<p>Accountability of athletes and coaches</p>	<p>Selection criteria</p> <p>Wanting to go vs wanting to win</p> <p>Need for high performance programme and culture</p>	<p>Tracking shows what competition is doing internationally</p> <p>Monitoring post selection /pre travel to track athlete performance</p> <p>Rowing monitor weekly – 3 x per regatta, last monitoring 2 weeks prior to event – not performing / no go</p>

2: Where are we at				
1: Lack of athlete depth	2: Limited access to HP expertise and equipment	3: Shortage of quality coaches and support staff	4: Lack of Genuine High Performance Culture	5: Tracking
<p>Fear of parents – having a child ‘damaged’</p> <p>Lack of inclusion of disabled sport infrastructure in schools</p> <p>Lack of awareness of disability sport</p> <p>Lack of promotion of eligibility for disabled sport</p>	<p>Developing expertise across the PNZ family</p> <p>Opportunity to identify expertise – is it sufficient? - Is more required?</p> <p>Equipment Prosthetics – need access to expertise, money</p>	<p><u>Swim</u> All athletes requiring coaches have one</p> <p>Disconnect between able bodied NSO and PNZ. Room for further links to be developed</p> <p><u>Athletics</u> Shortage of athletics coaches</p> <p>All (PNZ) athletes in coaching programmes</p> <p>General Need for identifying coaches in regions / away from main centres</p> <p>Upskilling of coaches</p>	<p>What does ‘High Performance’ mean?</p> <p>Complacency of athletes who are ‘HP’?</p> <p>Practices in coaching</p> <p>What HP means to different athletes , different capabilities</p>	<p>Tracking daily / weekly / monthly/yearly</p> <p>International tracking and data being collected but not getting NZ information</p> <p>Forward Planning How do we get the information? How do we use the information?</p> <p>Are the formulas we are using for creating the information correct?</p>
WHERE DO WE WANT TO BE				
1: Lack of athlete depth	2: Limited access to HP expertise and equipment	3: Shortage of quality coaches and support staff	4: Lack of Genuine High Performance Culture	5: Tracking
<p>Awareness of community of disability and sport</p>	<p>Better understanding of PNZ athletes and coaches needs – effective partnering to bridge the gaps</p>	<p>Ensuring qualifications are meaningful.</p> <p>More contact in coaching environment</p> <p>Integrated pathways in NSOs</p>	<p>What does (HP Culture) look like?</p> <p>Understanding and change in culture</p> <p>What does this mean / what do we want from this</p>	<p>More information to be given to tracking</p> <p>Information between sports on the value of tracking</p> <p>Integration with able bodied tracking</p>

			What does it take to build a HP culture?	Establishing 'test sets' and forwarding information Test sets need to be put in place.
HOW ARE WE GOING TO				
1: Lack of athlete depth	2: Limited access to HP expertise and equipment	3: Shortage of quality coaches and support staff	4: Lack of Genuine High Performance Culture	5: Tracking
Show clear pathways from grass roots to elite NSOs Opportunities available for all Integration Promote mine clearing in schools	Better understand and define High Performance to us so we can communicate Invest into the right people / organisations to help PNZ deliver	Ensuring clear and accessible pathways Proactive approach PNZ to continue advocate and work with NSOs	Modelling best practice Education - what is HP? What are the steps required to get to a HP culture Long term approach Making sure the systems are user friendly	One off sessions between tracking and coaches of different sports to assist in what is being done / what is available Standardising tracking Improving relationship / information flow between able bodied / disabled sports Always looking for what can be better