

PNZ Coach – what do you look like?

Passion for sport	6	5	11	5
Honesty with athletes	8	6	14	4
Knowledge of Sport	4	7	11	5
Innovative	4	3	7	
Proactive		6	6	
Committed	5	2	7	
Strategic Planning	10	10	20	1
Professional appearances/image	2	0	2	
Use of new technology	2	0	2	
Communication skills	9	8	17	2
Emotionally intelligent	6	1	7	
Team player	1	1	2	
High unquestionable ethics/moral	4	1	5	
Seeks support	4		4	
Demonstrates expertise/desire to	1	2	3	
Up skill in tracking	3	2	8	8
Time spent with athletes/continuity of coaching	3	1	4	
Athlete centred	8	8	16	3
Open to ideas/learning/learning first	5	3	8	8
Motivated by challenge	3	3	6	
Coordinate support staff	2	1	3	
Problem solver	3	1	4	
Self awareness of strengths & weaknesses	5	4	9	6
Understand performance impact of disability	2	7	9	6
Understand what it takes to perform in village	0	1	1	
Accountable	5	2	7	
Attention to detail	3	5	8	8

Strategic Planning:

- Thinking ahead
- Where we want to be
- Vision
- Clear Picture
- How
- KPI's
- Accountability/Monitoring
- Contingency
- Strategic/critical thinking

Communication Skills:

- Interpersonal
- Feedback

- Written
- Listening
- Timely
- Inclusive

Athlete Centred:

- It's about the athlete
- Understanding athlete needs/disability
- Treating athletes as individuals
- Empowering/creating responsibility
- Clear roles and responsibility

Honesty with athletes:

- No bullshit
- Define reality
- Two way
- Respect

Knowledge of Sport

- Know event sport
- Tracking
- Technology
- Classification
- Understanding the demands
- Knowing the rules
- History
- Staying Current

Self-Awareness (S&W)/EQ

- Honest with self
- Acknowledge & act
- Open to feedback/critique
- Reflection

Understand performance impact of disability:

- Point of difference
- The individual
- Athlete centred
- Any limitations
- Medical
- Physical/emotional/social
- Understanding of classification
- Innovative
- Proactive

- Problem solving

Attention to detail:

- No short
- Do small things well
- Focusing on things that will make a difference
- Nothing gets through the cracks

Open to learning:

- Give yourself time
- Outcome of self-awareness
- Accepting the facts
- Professional development
- Be prepared to get uncomfortable
- Other coaches/other programmes.
- Inquisitive
- Experiment

Up skill in tracking:

- Utilise resources
- Creating competitive advantage
- Enhances trust between athlete & coach
- Deals with the facts/reality
- Share relevant info with other countries
- Measures programme progression
- Foundation for planning
- Factors that affect programme