

XCCCELERATE 2 XCELLENCE

OVERVIEW

Xccelerate 2 Xcellence is the Paralympics New Zealand development programme aimed at identifying and supporting athletes who display the athletic potential to win medals for New Zealand at the 2016 Rio Paralympic Games and beyond.

X2X PROGRAMME

Athletes selected in Xccelerate 2 Xcellence will be provided direction and support to assist them in **getting started** and **advancing** on the athlete pathway.

Direction and support will focus on the following areas:

- Classification Assessment
- Identifying a Paralympic Sport
- Coaching
- Equipment
- Training Programme
- Competition Planning
- Tracking & Monitoring
- Budget & Funding Opportunities
- Communication with the PNZ Athlete Development Manager

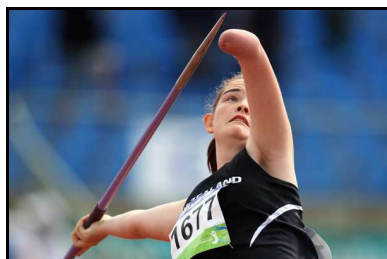
It is important to note that Xccelerate 2 Xcellence is a fully self-funded programme.

PROGRAMME REQUIREMENTS

Athletes selected in Xccelerate 2 Xcellence will be required to achieve the following:

- Hold New Zealand Citizenship
- Hold a provisional, national or international classification for their sport
- Be committed to a regular training and competition programme
- Consistently achieve improved performances
- Submit competition results to Paralympics New Zealand at the end of each competition
- Inform Paralympics New Zealand immediately of any injury or significant illness

Athletes from Xccelerate 2 Xcellence



Holly Robinson – Athletics



Danny McBride – Rowing



Nathan Smith – Cycling

APPLICATION & SELECTION PROCESS

The following table outlines the application and selection process for Xccelerate 2 Xcellence.

Steps	Description	Time Frame
Step 1	Athletes interested in applying for Xccelerate 2 Xcellence <u>must</u> submit an X2X application form to Paralympics New Zealand.	at any stage
Step 2	On receipt of the X2X application form, athletes will be contacted by the PNZ Athlete Development Manager to discuss their application and future goals in Paralympic Sport.	within 2-3 weeks
Step 3	Athletes can be accepted into Xccelerate 2 Xcellence at any stage of the year; however there will be four key intakes of X2X athletes over the next 12 month period. Applicants will be advised in writing of the outcome of their application – outcomes being either selected , not selected or decision pending .	Jul 2011 Oct 2011 Jan 2012 Apr 2012
Step 4	Selected athletes will work alongside their coach to achieve the programme requirements. This will be supported by the PNZ Athlete Development and / or nominated Sports Development Manager.	Ongoing *

* As part of the Xccelerate 2 Xcellence programme, athletes may be tested or considered for future talent transfer programmes, if it is agreed that they are no longer progressing in their targeted sport, or if it is agreed that another sport may provide an increased opportunity for success.

PNZ Cycling Team - 2010 UCI Cycling Road World Championships



Featuring 5 athletes from Xccelerate 2 Xcellence

FOR FURTHER INFORMATION CONTACT

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