

5<sup>th</sup> November

### Revised PDSP Plan

The following camp and competitive plan has been revised from that submitted on the 23<sup>rd</sup> August 2010. The changes have been made as a result of discussions held at the Technical Camp on 16<sup>th</sup> – 17<sup>th</sup> October and subsequently circulated to all coaches, PNZ High Performance personal and service providers.

The main changes to the initial plan are as follows.

- Selection criteria subject to PNZ allocation slots / ratification by PNZ Board:
  - Pan Pacific Championships Canada 2011 two tier 850 pts (WC Team) 700 pts (International Sqd.)
  - Paralympics 2012 900 pts
- Change to the selection trial for Sheffield 2012 – CSNZ Championships Hamilton
- New Camp format to precede all International and key domestic competition.

### **2011 – 2012 Pinnacle Competition**

Pinnacle Competitions: The following are the proposed pathway of pinnacle competitions through to London.

Year	Date	Competition	Selection Information	Points
2011	14 Aug – 17 Aug	Pan Pacific Championships Alberta, Canada	All Sanctioned Competitions (01 Jan – 30 Jun 2011)	850
				700
2012	8 <sup>th</sup> – 10 <sup>th</sup> April Date TBC	British Championships Sheffield, England	CSNZ Championships Hamilton 11 <sup>th</sup> – 13 Feb (Selection trial)	870
	29 Aug – 09 Aug	Paralympics Summer Games London, England	British Championships (Selection Trial)	900


### **2011 – 2012 Specific Disability and Age Group International Competition**

Year	Date	Competition	Selection Information
2011	May	Arafura Games	700
2011	July	IBSA World Youth Games	TBA
2011	Oct	Australian Paralympics Youth Games	TBA
2011	Nov	IWAS World Games	-----

## Camps 2011 – 2012

Date	Venue	Squads / Purpose
<b>2010</b>  ✓ 15 <sup>th</sup> – 17 <sup>th</sup> October	Auckland	<i>Open to HP/International swimmers and coaches.</i> <ul style="list-style-type: none"> <li>• Announcement of Paralympics Qual. Times.</li> <li>• Refocusing on the plan</li> <li>• Technical camp – presentations by analysts on current trends and practical sessions.</li> </ul>
<b>2011</b>  7 <sup>th</sup> – 13 <sup>th</sup> February	Hamilton	<i>Camp is open to 600+pts and will be run in two sections</i> <i>(a)650+pts</i> <i>(b)550+pts</i> This camp precedes the CSNZ Championships on the 11 <sup>th</sup> 13 <sup>th</sup> February which is open to all AWD swimmers and will be repeated in 2012 as selection for Sheffield
Camp formula: Selected team to <u>Pan Pacs</u> <ol style="list-style-type: none"> <li>1. 25<sup>th</sup> -26<sup>th</sup> June</li> <li>2. 16<sup>th</sup> – 17<sup>th</sup> July</li> <li>3. 4<sup>th</sup> – 5<sup>th</sup> Aug.</li> </ol>	Auckland / Canada Pan Pacific Championships	<i>850 / 700 pts</i> <ul style="list-style-type: none"> <li>• All camps at Millennium Auckland</li> <li>• Staging. Camp Alberta (5 days) 5<sup>th</sup> – 9<sup>th</sup></li> <li>• Pan Pacific Champs Competition 10<sup>th</sup> – 14<sup>th</sup></li> </ul>
<b>2011 -2012</b> Camp formula <ol style="list-style-type: none"> <li>1. 7<sup>th</sup> – 8<sup>th</sup> Dec</li> <li>2. 16<sup>th</sup> – 17<sup>th</sup> Jan</li> <li>3. 7<sup>th</sup> – 8<sup>th</sup> Feb</li> </ol>	Auckland/ Hamilton	<i>Camps 1/2 Open to 800+pts.</i> <i>Camp 3 (a) 800+pts.</i> <i>(b) 650+pts</i> This camp precedes the CSNZ Championships on the 9 <sup>th</sup> – 11 <sup>th</sup> February which is open to all AWD swimmers <ul style="list-style-type: none"> <li>• <b>Selection Trial for Sheffield</b></li> </ul>
Pre departure Camp of 2 days All dates TBA	Swansea / Sheffield	<i>Selection Trial Staging Camp Swansea / Sheffield</i> <ul style="list-style-type: none"> <li>• Swansea Staging Camp (5 days)</li> <li>• Sheffield Staging Camp (5 Days)</li> <li>• Compete at British Nationals.</li> </ul> *** Refer 2010 Swansea / Sheffield Report <ul style="list-style-type: none"> <li>• <b>Selection Trial for Paralympics</b></li> </ul>
Camp formula to be applied (3 camps)	Auckland	<b>900+ pts. Paralympics Qualifiers only</b>
Pre departure Camp of	Swansea / London	<i>Paralympics London.</i> <ul style="list-style-type: none"> <li>• Staging camp Swansea</li> <li>• Paralympics London</li> </ul>

**Projected numbers of swimmers and team staff for the HP section of the plan.**

<b>Event</b>	<b>Swimmers</b>	<b>Staff</b>	<b>Funding</b>
<b>2010</b> 15 <sup>th</sup> – 17 <sup>th</sup> Oct Technical Camp 	6 HP 3 Int.	<ul style="list-style-type: none"> <li>• 5x Coaches</li> <li>• 2x Performance Analyst</li> <li>• Programme. Manager</li> <li>• 2xNZAS Athlete Support</li> </ul>	This activity was announced in the PDSP plan in December 2009 but unsure of what funding has been allocated.
7 <sup>th</sup> – 13 <sup>th</sup> Feb CNZS Champs Hamilton	6 HP 5 50+pts.	<ul style="list-style-type: none"> <li>• Programme. Manager</li> <li>• 2 x Coaches</li> <li>• Manager</li> </ul>	HP Fully funded 550+ pts self funded
Camp formula: Preparation <b>Pan Pacific</b> 1. 25 <sup>th</sup> -26 <sup>th</sup> June 2. 16 <sup>th</sup> – 17 <sup>th</sup> July 3. 4 <sup>th</sup> – 5 <sup>th</sup> Aug	6 HP 4 Intl.	<ul style="list-style-type: none"> <li>• 2x Coaches Senior Team</li> <li>• 1x coach Junior team</li> <li>• Team Manager</li> <li>• Physiotherapist</li> </ul>	HP fully funded Int. self funded
<b>Pan Pacific</b> 10 <sup>th</sup> – 14 <sup>th</sup> August	8	<ul style="list-style-type: none"> <li>• 2x Coaches Senior Team</li> <li>• 1x coach Junior team</li> <li>• Team Manager</li> <li>• Physiotherapist</li> <li>• Performance Analyst</li> </ul>	HP fully funded
<b>2011 -2012</b> Camp formula: Preparation <b>Sheffield</b> 1. 7 <sup>th</sup> – 8 <sup>th</sup> Dec 2. 16 <sup>th</sup> – 17 <sup>th</sup> Jan 3. 7 <sup>th</sup> – 8 <sup>th</sup> Feb	8	<ul style="list-style-type: none"> <li>• Programme Manager</li> <li>• 2x Coaches</li> <li>• Performance Analyst</li> <li>• Team Manager</li> <li>• Physiotherapist</li> </ul>	<i>Camps 1/2 Open to 800+pts. 6</i> <i>Camp 3 (a) 800+pts. 6</i> <i>(b) 650+pts 6</i>
<b>2012</b> <b>Sheffield</b> 31 <sup>st</sup> – 10 <sup>th</sup> April (Date TBC)	8 HP	<ul style="list-style-type: none"> <li>• 2x Coaches</li> <li>• Performance Analyst</li> <li>• Team Manager</li> <li>• Physiotherapist</li> </ul>	Fully funded
Camp formula to be applied (3x camps) after qualifiers known	?	<ul style="list-style-type: none"> <li>• 2x Coaches</li> <li>• Performance Analyst</li> <li>• Team Manager</li> <li>• Physiotherapist</li> </ul>	Fully funded

## Monitoring Of PDSP

### Performance Analyst

#### Camps / Competition

- Present all updated information from individual and competition filming at the Technical Camp in October and participate in workshops.
- Attendance at :
  - SNZ Nationals 2011
  - Pan Pacific Championships – Canada 2011
  - Staging Camp and British Championships 2012
  - Paralympics

Programme visits / in training filming.

The programme visits by the analyst are to be on a three monthly schedule and to coincide with the Programme Managers visits commencing in April 2011.

*For budget purposes this would result in approximately 6 visits through to the departure of the team to the Paralympics 6x*

- 3 Auckland programmes                      1- Canterbury (work in with Mat Ingram)
- 1 Waikato programme                      1 – Wellington (if qualify)

### Programme Manager

Programme visit schedule will be stepped up for the period leading up to the departure of the Paralympics team. The visit schedule will coincide with the Performance Analyst visit schedule.

The schedule of visits will be announced in December 2010.

*For budget purposes this would result in approximately 6 visits through to the departure of the team to the Paralympics 6x*

- 3 Auckland programmes                      1- Canterbury (work in with Mat Ingram)
- 1 Waikato programme                      1 – Wellington (if qualify)

*All North Island visits would incur air travel and car hire and accommodation. These visits should be coordinated with any other meetings (Programme Managers as mentioned below). South Island would be car expenses from Timaru.*

The IPP monitoring and tracking of the service providers was simplified and made more manageable in 2009 and was starting to gain the support of all concerned in the PDSP. Staff changes were made in May without adequately communicating to the Programme Manager the changes and the impact that this would have on the various reporting structures and who was doing what with IPP's – this has resulted in considerable confusion.

Communication would be enhanced if meetings were held 6 monthly prior to the departure of the team to the Paralympics with High Performance Manager, Coach Performance Manager, Performance Analyst and all Programme Managers.

I would suggest that the Programme Manager who is the architect of the PDSP should have the first contact with coaches – the main responsibility of the Programme Manager should be:

- Made responsible for completion of and monitoring of the IPP's of the HP swimmers 800 + point to a template designed by the High Performance unit of PNZ and agreed by the Programme Managers of all sports.
- Should communicate to the Coach Performance Manager if there is any assistance needed by a coach in the design of a plan or other areas of professional development (education).
- Sends through all completed IPPs to the High Performance Manager to review and then meets /reports on a regular basis that all KPI's are being met within the plan.

Service provider tracking plan.

There needs to be more accountability by all service providers for the provision and documentation of services. The Programme Manager should:

- Be provided with brief reports on a 3 monthly interval to coincide with the programme visits.
- Be notified immediately of any swimmer not following through on the direction of a service provider or not taking up the option of a service that is seen as important for the athletes' development.

Clive Power  
Programme Manager